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2024

Chris & Sophie

JOIN US ON OUR JOURNEY TO
ADOPT AND EXPAND OUR
LOVING FAMILY.




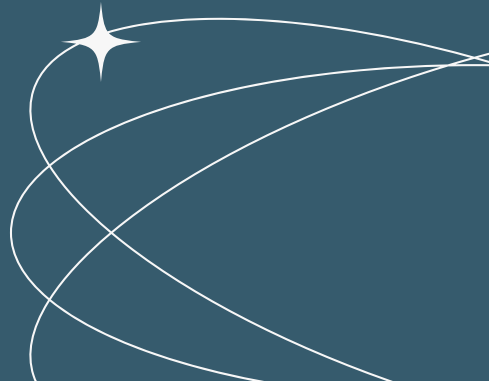


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An Open-hearted Letter to Expectant Parents

Dear Expectant Parent(s),

We want to start off by saying: we understand how hard this must be for you. Decisions like these are never easy, especially when your world may seem entirely upside-down. What we hope these words provide you with is comfort and reassurance in knowing that whatever choice you make, it comes from courage and strength.

Our journey to adoption wasn't a straight road. When we decided we wanted to have children, life had other plans. IVF didn't work for us. We're now in our early forties and accepting our reality, adopting started to look like our next chapter. And then we realized, perhaps it was meant to be this way.

We spent our younger years chasing adventures and personal growth, just as you might be doing. We understand what it means to fully live your life before welcoming a child into it.

Choosing to become parents wasn't just a quick thought for us, but a serious decision we made over time. We know we can't fully understand the mix of feelings you might be going through, but we do realize how heavy it can be to face such a major life-changing choice.





Your consideration to plan adoption is an act of profound bravery and love. It's tough, there's no sugarcoating that, and it will be an emotional journey for both of us. But please know, we admire and respect you immensely for even taking this step.

On our end, we're ready and excited to become parents. If you wish, we're open to maintaining a connection with you, because we want our child to know their roots. And we're open to sharing their growth and milestones with you while ensuring their safety and well-being.

Remember that no one is perfect, us included. We have our quirks and flaws, but what we can promise unreservedly is our unconditional love for this child. We are eagerly waiting to provide them a stable, loving home where they're invited to grow into the person they're meant to be.

Feel free to communicate with us. We are here for you, with open hearts and open minds.

Chris & Sophie





Our Story in a Nutshell

Hello!

We're Chris and Sophie, a down-to-earth couple from bustling New York City, and we're ready to start our family through adoption.

Chris is a pretty laid-back guy who works at a tech company. When he's not behind a computer, you may find him on his bike or running in the forest. He also likes pounding out rhythms on his drum set or experimenting with his new-found painting hobby.

Sophie juggles a couple of roles as an art gallery director and humanitarian consultant. But when she's off the clock, you'll usually find her trying out new recipes in the kitchen, tending to her backyard garden, or spending quality time with our two cats.

When the COVID pandemic hit, we surprisingly found each other. Since then, we've built a life together rooted in love, creativity, and fun. Now, we're excited and ready to welcome a new member into our family. Thank you for considering us on this journey.

Meet Sophie



I am French, born and raised in Paris. I traveled the world for my job before settling in New York in 2017.

I've spent many years in both West and East Africa, as well as the Middle East. I lived all over the world and traveled to more than 50 countries.

I am a proud vegetarian with an undying love for baguettes and cheese 🍞

Sports enthusiast; I love running, hiking, and adrenaline-pumping activities like via ferrata.

"The Little Prince" holds a special place in my heart—I've read it countless times!

I confess that mornings aren't my favorite; just ask Chris. :)

I love Chris, our cats and pillow talks :)

Meet Chris



I'm a 'Tri-State area' lifer, now living in NYC for the last 15 years. I've been to 40 countries now and have whittled down my travel bug. I've been happier being settled and stable.

I was a vegan till I met Sophie, who eats so much cheese that I switched to vegetarian.

I work for a tech company that affords me financial stability and leaves me time for training for triathlon and trail running.

I really enjoy spending time with Sophie. The companionship is fulfilling. We go for bird watching walks, hikes, dinners, movies, and a lot of 'Netflix and chill' addictive TV series.

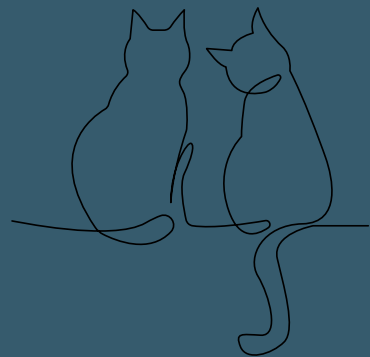
Also big into sci-fi reading!

Meet our Fur Family



A boundless love for Trader Joe's treats, laser chasing, early morning wake-ups, snuggles, and bird watching.

Occasionally destroy plants and insist on knocking down any objects left on the table.



Our Love Story

Our love story hinges on our mutual enthusiasm for life, our shared passion for food and sports, and an unceasing quest for personal growth.

Chris and I stumbled upon love in an unexpected time, right in the middle of the pandemic's uncertainty. From the moment we met, there was an instant connection. We discovered we both love life in similar ways, sharing passions, dreams, and a determination to grow. Our journey together, through all its ups and downs, has strengthened our bond and deepened our commitment to each other.

We believe in facing challenges together and having open, sometimes tough, conversations. We're strong advocates for therapy and counseling, viewing them as powerful tools for personal growth and overcoming hurdles. It's all about openness, communication, and growth between us.

We've talked about expanding our family for some time now. Meeting later in life led us to consider paths to parenthood we hadn't before, like adoption. We believe it could be a rewarding and fulfilling journey for us both.



When Chris proposed ❤️



On our way to our Court House wedding in NYC



Our wedding in CT - so much fun

Our Friends & Family

In life, you have family and friends. For us, our friends are so much more—they've become a second family, adding a layer of richness, trust, and loyalty to our lives.

Chris is the oldest of three boys, uncle to a one-year-old niece and a nephew who is on the way. His parents and one brother live on the East Coast, while his youngest brother is on the West Coast.

Sophie's family resides in France and she has a younger brother. Sophie takes pride in being an aunt to a two-year-old niece and a seven-year-old nephew. Her dad and grandma are in Paris and Sophie's mom, who passed away ten years ago, would have been overjoyed with our adoption plans.

We're lucky to have a wonderfully diverse group of friends. Some are parents, others are engaged, single, or raising kids on their own. Chris's friends include folks he's known since childhood, people he's met through work, and a lively group of Australians buddies he met here in New York. Sophie's circle is primarily made up of friends she's met through work, with most of them hailing from Europe or Canada (the French-speaking connection). She also has close friends from her childhood in France, and they catch up with long chats every week.



French-themed party at home



Hike with friends and family



Catching up with Sophie's family in Paris

Our Home(s)

Living between New York City and Connecticut, our lives are a fun mix of city buzz and peaceful nature. It's like having two worlds in one life.

We split our time between the hustle and bustle of New York City and the peaceful, tranquil setting of Connecticut. We love to enjoy the art, museums, restaurants, and friends in NYC during the week. But on weekends and throughout the summer, we escape to Connecticut. Here, we indulge in outdoor adventures like kayaking, making s'mores over bonfires, going for hikes, and bird watching. This balance between vibrant city life and quiet countryside gives us the best of both worlds.

And then there's France. It's our third home and every year we visit to spend time with Sophie's family and friends. Plus, Chris loves the French Alps.

We have plenty of room for a child with our two-bedroom apartment in NYC and our three-bedroom house in Connecticut. With nearby playgrounds in the city and lots of kid-friendly activities and families in Connecticut, we're ready for our family to grow.



Our apartment in NYC



Our Lake House in CT



Our backyard in CT

Hobbies & Travels

Outdoor adventures are our jam! Hiking, kayaking, running, biking—you name it, we love it.

While Chris and I have clocked quite a few miles across the globe, we've largely quenched our wanderlust. That said, we still look forward to our annual tradition: exploring a new foreign destination and making a visit to France. Countries where lush jungles meet towering mountains are our ideal getaways.

Back home, Sophie enjoys playing host at dinner parties, tending to our Connecticut garden, scoping out new art galleries, and going for runs, either alongside Chris or on solo ventures.

Chris, on the other hand, finds joy in savoring Sophie's delicious meals, biking, running, swimming, and generally making the most of the outdoors during the weekends—anything that offers a refreshing counterpoint to his work routine.

We're excitedly anticipating sharing these adventures and love for outdoor activities with our little one—including strapping a baby backpack for our cherished hikes through the Alps!



Diving in Atlanta aquarium



Via -ferrata in the Alps



Bike adventures



Contact Us

We deeply respect the courage it takes to reach out and explore this path of adoption.

Once we hear from you, we promise to respond and address any questions you may have, in whichever format you're comfortable with—email, text, phone, or Zoom.

We work with a lawyer to ensure everything runs smoothly and recommend you have representation too. Your decisions aren't easy, but they matter immensely, and we completely respect your journey.

Your consideration of us as potential parents is profoundly meaningful. We promise to cherish and safeguard your child, offering a joyful life infused with respect for their origins. We strongly believe in open adoption, and we're committed to crafting the best life plan possible for your child.

Let's navigate this incredible journey together; we've got this! ❤️

Chris & Sophie





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